

6 LA PLAGE DE L'ISLET



The beach welcomes you, the view is magnificent. At high tide, the point becomes an island again! A privileged place also to admire the sunset.

7 LA POINTE DU ROCHER



Take the avenue de la Côte d'Émeraude to la pointe du Rocher where you can access by a staircase to a beautiful beach giving a breathtaking view of Saint-Briac-sur-Mer.

8 PLAGE DE LA CERISAIE



Continue on the avenue to discover the plage de la Cerisaie, which is protected from the westerly winds.

9 PLAGE DU RIEUL



Return to rue Charles de Gaulle then turn left rue du Rieul. This beach overlooking the Frémur is most welcoming at high tide. To your right, you will see a boat cemetery dating from 1950.

Helmet compulsory for children under 12.



Drive in single file and obey the highway code.

Respect the environment.

10 THE TOWN CENTER



Take the main street again: you will pass the shops and take the cycle path in front of the Tourist Office, the Town Hall and the Post Office.

11 THE MILL



Then, stop at the Moulin de Buglais, built in the 16th century by the monks of the abbey of Saint-Jacut-de-la-Mer (guided tour in season with the tourist office).

12 PLAGE DES BRIANTAIS



Turn right on rue Julien Renault towards plage de la Briantais and discover the magnificent wild beaches of the Tertre Corlieu listed site (hiking trails). Find the Camping des Mielles by the rue Jules Jeunet through the hamlet of Villeu.



Dinard Côte d'Émeraude Tourisme
2, boulevard Féart - 35800 Dinard

Point Information Tourisme de Lancieux
Square Jean Conan, 22770 Lancieux

0 821 235 500 Service 0,12 € / min
+ prix appel

CYCLING CIRCUIT LANCIEUX

11.2
km



Sea side





Departure from the municipal campsite of Mielles

1

GOLF



Take avenue des Ajoncs, on your left, you will notice the entrance to the golf course (open to everyone from 5 years old for a discovery of its two 9-hole courses including a pitch and putt).

2

LA PLAGE DU PANORAMA



Plage du Panorama, you can reach Saint Jacut and the Île des Ébihens at low tide. Be careful, find out about the tide times before leaving!

3

LA PLAGE DE SAINT-SIEU



Discover the large beach by pushing your bike because the high dike is pedestrian! Pass behind the bar restaurant "Kalypso", then "Propulsion" (boat rental) and the mini-golf course. You will leave on your left the Nautical Center where many activities are offered! For those who do not wish to leave their saddle, take the boulevard de la mer.

4

THE CABINS



Join the boulevard de Buglais passing in front of the heated swimming pool (you learn to swim there from 3 years old), then, continue towards the town center by the boulevard Maséra and thus find the shops.

5

THE OLD BELL TOWER



Pass in front of the Vieux Clocher dating from 1740 to reach rue de l'Islet which will lead you to the port of l'Islet.

