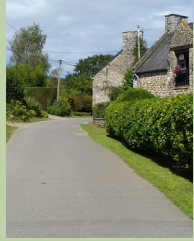


5

THE HAMLET OF L'ÂNERIE

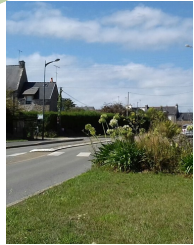
Join the hamlet of "L'Ânerie" with its typical rural houses.



6

THE HAMLET OF LA METTRIE

Continue to the hamlet of La Mettrie is the limit between the towns of Lancieux and Beaussais sur Mer.



7

LE POINT CULMINANT

Go up to the rue de Bodard to reach the highest point of Lancieux (47m), the mound of the Moulin de la Roche, to benefit from a unique point of view.



8

THE MILL

Then stop at the Moulin de Buglais, built in the 16th century by the monks of the Abbey of Saint-Jacut (guided tour in season with the Tourist Office).



9

MAISON DE LA CULTURE

Carefully cross the departmental road to pass in front of the Maison de la Culture et des Loisirs Eugène Coualan, rue Julien Renault.



10

RUE JULES JEUNET

Turn right on rue Jules Jeunet to reach the municipal campsite of Mielles and thus end your turn.



Helmet compulsory for children under 12.

Drive in single file and obey the highway code.

Respect the environment.



Dinard Côte d'Émeraude Tourisme
2, boulevard Féart - 35800 Dinard

Point Information Tourisme de Lancieux
Square Jean Conan, 22770 Lancieux

0 821 235 500 Service 0,12 € / min
+ prix appel

CYCLING CIRCUIT LANCIEUX

Countryside side

9
km

DINARD
CÔTE D'Émeraude
TOURISME



 **Departure from the municipal campsite of Mielles**

1



THE TOWN CENTER

Turn right towards bd de Buglais then bd Maséra to reach the town center, its shops and the old bell tower dating from 1740 then take the rue du center and carefully cross the RD departmental road).

2



THE BANKS OF THE FRÉMUR

Take rue Henri Samson and explore the banks of the Frémur (river separating Lancieux and Saint-Briac-sur-Mer and between the departments of Côtes d'Armor and Ile-et-Vilaine).

3



THE ACCOMMODATION CENTER

Pass in front of the Frémur accommodation center which welcomes groups from the Nautical Club and hikers among others.

4



THE ROCHEGOUDE MILL

Go to the Rochegoude mill, private property. This tidal mill dates from 1775 and operated until 1958.